



Risk Assessment Form

Activity:	Caving Simulator	Date Assessed:	January 2026	Review Date	January 2027	
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Assessed by:	Emma Pratt	Signature:		Date:	Jan 2026
Reviewed by:	Dave Dryden	Signature:		Date:	Jan 2026

Hazard	Who might be harmed	Controls	After controls			What further action is required to control risk
			Severity 1-10	Likelihood 1-10	Rating (SxL)	
Splinters	Participants	The wood in the tunnel is regularly checked for splinters.	3	2	6	Trivial risk
Hitting head	Participants	Participants are issued with a helmet	7	2	14	Adequately Controlled

Rating	81-100	61-80	41-60	21-40	11-20	0-10
Action	Immediate action - Activity to risky	Immediate action - Activity to risky	Not adequately controlled - Further controls required	Further investigation required.	Adequately controlled	Trivial risk

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Grazes and cuts	Participants	Participants are advised to wear long sleeves and long trousers. The base of the construction is concrete on the ground and the top floor is wood.	3	2	6	Trivial Risk
Emotional discomfort due to darkness	Participants	In the case of a participant becoming scared or unwell all areas of the cave can be quickly accessed by an instructor and the participant can be guided out by the instructor. There are a number of escape hatches	6	3	18	Adequately controlled

Rating	81-100	61-80	41-60	21-40	11-20	0-10
Action	Immediate action - Activity to risky	Immediate action - Activity to risky	Not adequately controlled - Further controls required	Further investigation required.	Adequately controlled	Trivial risk