



Risk Assessment Form

Activity:	Assault Course	Date Assessed:	January 2026	Review Date	January 2027
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Assessed by:	Emma Pratt	Signature:		Date:	Jan 2026
Reviewed by:	Dave Dryden	Signature:		Date:	Jan 2026

Hazard	Who might be harmed	Controls	After controls			What further action is required to control risk
			Severity 1-10	Likelihood 1-10	Rating (SxL)	
Falling	Participants	<ul style="list-style-type: none"> - Group Leaders reminded of Welfare Responsibilities in the Centres T&C's. . - Competent individuals are always in attendance during operation with signage displayed.. <ul style="list-style-type: none"> - Area secured against unauthorised access. <ul style="list-style-type: none"> - No obstacles higher than 6 feet. - Group size limited to 20 to ensure correct supervision is given 	5	4	20	Adequately controlled

Rating	81-100	61-80	41-60	21-40	11-20	0-10
Action	Immediate action - Activity to risky	Immediate action - Activity to risky	Not adequately controlled - Further controls required	Further investigation required.	Adequately controlled	Trivial risk

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		- Obstacles checked regularly by competent individuals for wear.				
Slipping when wet	Participants	Activity closed if weather is adverse.	3	4	12	Adequately controlled
Hitting head on obstacles	Participants	Helmets are provided and must be worn.	3	4	12	Adequately controlled
Failure of equipment	All	All equipment checked prior to use. Obstacles checked regularly by competent individuals for wear.	4	3	12	Adequately controlled

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Unauthorised Access	All	Area is fenced and locked when not in use.	4	4	16	Adequately controlled
Splinters	Participants	All equipment checked prior to use. Obstacles checked regularly by competent individuals for wear.	3	4	12	Adequately controlled
Rope burn	Participants	Obstacles checked regularly by competent individuals for wear. Responsible adult always in attendance.	3	3	9	Trivial risk
Slipping and tripping	All	Responsible adult always in attendance. All equipment and area checked prior to use. Obstacles checked regularly by competent individuals for wear.	4	4	16	Adequately controlled

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Horseplay	Participants	Instructors observe for aggressive behaviour.	6	2	12	Adequately controlled
Mud	All	Participants are advised that the course can be muddy. This information is included in the advertising material and all participants are warned before taking part. It can make participants very cold if it is particularly muddy.	1	8	8	Trivial risk

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